



GORILLAS & GAZELLES LLC™

Silverback Self-Leadership Program™

The Ultimate College-Preparatory Experience!

Programs can be scheduled for large or small groups and are available in one, two and three day versions.

The purpose of the Silverback Self-Leadership Program is to provide self-management skills to students preparing for college and students looking to improve the outcomes of their current college experience. For student groups ages 16-22.

WHY SELF-LEADERSHIP?

Students in this period of life are actively seeking independence from parents. The transition from high school to college allows the student to do just that.

- All too often, 4 year degrees are requiring 5.25 years to complete, if completed at all.
- This program is designed to save the student and parents time, effort, and money by providing students with proven methods, tools, and techniques for taking much of the risk out of campus life and for optimizing their overall college experience.
- The program is valuable for juniors and seniors in high school preparing for college as well as freshmen and sophomores in college who are facing challenges within their current college experience.

PROGRAM ELEMENTS

- Situational Analysis - Learn how to measure people, situations and environments and align those measurements to one's own values and goals
- Personality-Typing – Understand how personality type has an effect on the way individuals think, act, and feel
- Values Exploration - Identify personal core values and learn how to continuously align actions and decisions to those values to obtain personal congruence
- Critical Thinking – Learn how to look beyond the surface to consider important factors affecting a given circumstance
- Decision Making – Become a good decision maker by aligning values and thoughts into actions

GORILLA CHALLENGE COURSE™

- Included in the three-day program version
- High-ropes activities and trapeze jump for individual challenge
- Low-ropes activities for team building and group dynamics
- Pre and Post-activity discussions to tie in key program elements

If your group is interested in more information or scheduling for a program, please call us at 1-877-874-0011 or send an email to success@gorillas-gazelles.com